



The Senior Scene

A quarterly publication by the
Battle Ground Parks & Recreation Department

Summer Newsletter

July 2019 – September 2019

Welcome to The Senior Scene!

This quarterly publication highlights activities, events and items of interest in the Battle Ground area. Activities are open to any senior who wants to participate! Most activities are offered on an on-going basis.

The Community Catch-Up Column

See what is happening in your local community!

SUMMER PLAYGROUNDS

Let creativity run wild this summer!

Date: Wednesday & Thursdays June 26- August 15

Time: 10am-12pm or 2pm-4pm

Cost: Free

Location: Wednesdays (10am-12pm) Kiwanis Park, Thursday (10am-12pm) Florance Robison, 2-4pm Battle Ground Community Center.

BUILDING YOUR FINANCIAL FUTURE SERIES

North Clark County Foodbank has partnered with iQ Credit Union to provide a 5 week series for Adults and Young Adults to learn about finances. This will kick off with a Family Night Finance Reality Fair.

Date: Thursdays July 11- August 8

Time: 6:30pm – 8:30pm

Location: Battle Ground Community Center

FAMILY MOVIE NIGHT

Enjoy a movie on the big screen. Our weekly movie showings align with the themes of our Summer Playground Program. Call 360-342-5380 for additional showing information.

Date: Tuesdays, July 2- August 13

Time: Doors open at 6pm, Showtime starts at 6:30pm

Location: Battle Ground Community Center



The **Mad Hatters Club** meets on the 2nd Friday of each month at 11:30am. There are no membership fees or red hats required. Each month a new luncheon spot is chosen, come explore Battle Ground's established and new epicuren delights. Lunch is always dutch style.

Friday, July 12th @ 11:30am

Lunch at El Rancho Viejo

This Mexican restaurant has quality food, like what is found in southern California. Food this tasty keeps the customers coming.

Located at: 19 W. Main Street

Friday, August 9th @ 11:30am

Lunch at M O D Pizza

Individual Artisan – style pizzas, salads and more!

Located at: Mill Creek Town Center, 1214 S.W. Scotton Way, Suite 117

Friday, September 13th @ 11:30am

Red Robin

Friendly, inviting, casual creative cuisine. Come in and try one of their outrageously delicious burgers. Don't forget their signature Freckled Lemonade!

Located at: Mill Creek Town Center, 1112 S.W. Scotton Way

Senior Potluck Day

Date: 2nd Monday of each month

Time: Doors open at 11:00am; Lunch served at Noon

Location: Senior Center, 116 NE 3rd Ave.

Suggested Donation: \$1 per person

Seniors (50 & older) meet monthly for a pot luck lunch and senior informational meeting, raffles and/or games. Donations are always welcome, raffle tickets available 3/\$1.00. Come and meet your fellow locals and enjoy a good home cooked meal!





**Senior Lunch Program
@ the Battle Ground
Community Center**

Seniors, age 60 and over, are invited to join us on weekdays for a hot and nutritious lunch. Typically there are 2 entrees offered each day. A monthly newsletter, which includes a complete menu, is available at the Battle Ground Community Center, 912 E. Main Street or view on-line at <https://www.mowp.org/what-we-do/this-months-menu/>. Younger guests can also join the lunch crowd for a small fee of \$7.39 per person.

Date: Daily, Monday – Friday (*except holidays*)

Time: Lunch served from 11:30am – 12:30pm

Cost: Donations appreciated!

Location: Battle Ground Community Center
912 E. Main Street

Holiday Closures: Please note that the senior lunch will not be available on the following dates in observance of major holidays:

- Thursday, July 4th
- Monday, September 2nd



Pinochle

Date: Tuesdays & Thursdays (weekly)

Time: 11:30am - 4pm

Location: BG Senior Center, 116 NE 3rd Ave.

Cost: \$3

Are you a Pinochle card player? If yes, then join us for double deck games! Having a partner is not a requirement to play. Lunch is served from 11:30 to noon plus a 2pm break for dessert, all included in the \$3 cost. Beginners welcome!



Bunco!



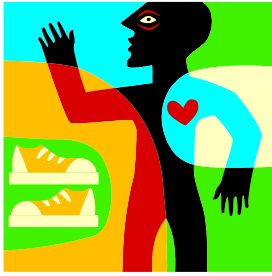
Date: 3rd Friday of each month

Time: 12:30 – 3pm

Location: BG Senior Center, 116 NE 3rd Ave.

Cost: \$5 per person, per day

Roll the dice and play BUNCO! This game is fun and fast-paced. Anyone can play...no previous game experience or partner required. It's easy and fun to learn and play.



FITNESS
 &
 WELLNESS

Get fit for life! Our Senior Enhanced Fitness Program is a very popular exercise program that will help you to meet your fitness goals.

SENIOR ENHANCED FITNESS PROGRAM

This course is a group exercise program for people 60+ years of age. The program helps to improve your balance, flexibility, bone density, endurance, coordination and mental sharpness and decreases your risk of falling.

- Days:** Tuesday, Wednesday and Friday
- Times:** 8:30 – 9:30 am or 9:45 – 10:45 am
- Location:** Battle Ground Community Center
- Fee:** \$1 per person, per day;
pre-registration not required



MEDICARE Health Plan Seminars

Various providers will be providing Medicare health plan information seminars at the Battle Ground Community Center. Come by and learn more about healthcare options that are available.

Kaiser Permanente Medicare Health Plan Seminars

For more information or to RSVP Call toll free at 1-866-949-0546

Day	Date	Time
Wednesday	August 14	9am – 12:30pm



You're the best type....Give Blood at our upcoming blood drive. Walk-In donors are welcome. Picture ID is required to donate blood.

- DATE:** Tuesday, July 9
- TIME:** 9am-3pm
- LOCATION:** Battle Ground Community Center
- MORE INFO:** Call Bloodworks at 1-800-398-7888

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